

## Minutes, course weekend at the Student Council at VIA 19-21 June 2020

Attendees		
	Name	Campus
1	Jannie Skovbo	Randers
2	Daga Makula	Aarhus C
3	Mike Supertramp	Earlier Randers
4	Sabin Sirbu	Horsens
5	Emilie Grzona	Randers
6	Agnes Daugbjerg Østergaard	Aarhus C
7	Christian Bremer Hansen	Aarhus C
8	Krista Riina-Maaria Singh	Holstebro
9	Sidsel Prese Bentsen	Aarhus C
10	Jaqueline Laursen	Randers
11	Gitte Bonnie Jespersen	Holstebro
12	Rikke Schmidt	Student assistant
13	Amaya Bøgeskov	Student coordinator
14	David Bødker Ipsen	Holstebro

## Friday 19/6

### Educational-DSR's role and function

#### Framework

- How often do you have meetings?

Ped-Randers	1 meeting during Corona, usually once a month is the target.
Psyc-Randers	Once a month for one hour
Teacher-Aarhus C	Once a month
Sygepl. Randers	Once a month for 1½ hour
VCM Aarhus C	Once a month
Int. Stud. Council Aarhus C	New DSR, has only held one meeting since they started. Are planning monthly meetings.
Socia Aarhus C	Once a month, are planning them for a semester at a time
Occu. Holstebro	Once a month – last Wednesday
Int. Horsens	

- How many people attend?

Ped-Randers	Not as many, due to a programme manager who wants to control the meetings.
Psyc-Randers	About 3 from each semester, so around 19 people.

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Teacher Aarhus C	10 – 18 people, looks nice but with 500 students in each semester, it is not outstanding.
Nurse Randers	5-10 people – a maximum of 14 (2 people from each semester can be seated)
VCM Aarhus C	14
Int. Council Aarhus C	10
Socia. Aarhus	About 25. All students are members and can be active. Class representatives are encouraged to participate in the DSR work.
Occu. Holstebro	10-15.

- Do you have a permanent economic framework?

Ped-Randers	Don't know. They don't know if they have means they can spend. We have something for provisioning, but otherwise no. Can order food at the canteen but do not know the extent of the economy.
Psyc-DSR	The same as Ped-Randers
Teacher Aarhus C	Have some means, but don't know how many. Maybe 400 each semester or year?
Nurse Randers	Receive money for intro trip for new students, social events (100 kr. per person per year) 300 kr. for a study relevant book per year.
VCM	5000 kr. annually
Int. Council Aarhus C	10.000 kr. annually
Socia Aarhus	10.000 kr. annually
Ergo Holstebro	Means for intro trip for 1st sem.

- Is your economy at VIA or on a bank account?

Ped-Randers	At VIA
Psyc-Randers	At VIA
Teacher DSR	At VIA
Nurse Randers	At VIA
VCM	At VIA
Int. Council, Aarhus C	Own account in a bank account.
Socia Aarhus C	At VIA
Ergo Holstebro	On a bank account (but has been difficult considering name changes on cashiers in the bank)

- If it is at VIA, do you have the liberty to use it?

Ped-Randers	No
Psyc-Randers	No
Teacher Aarhus C	We have to spend money on provisioning, but we don't know whether we can spend them on anything else.
Nurse Randers	No, but we get means for relevant events.
VCM	Yes

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Int. Council, Aarhus C	Yes
Socia Aarhus C	Yes
Occu. Holstebro	Yes

- Do you have a permanent DSR room and is it shared with others?

Ped-Randers	Yes, but the teachers can reserve it, and kick out DSR.
Psyc Randers	Yes, but the teachers can reserve it, and kick us out.
Teacher Aarhus C	Yes, but it is shared with other DSR and has room for a maximum of 8 people.
Nurse Randers	Yes, but the teachers can reserve it, and kick us out.
VCM	Yes, but it is shared with other DSR and has room for a maximum of 8 people.
Int. Council, Aarhus C	Yes, but it is shared with other DSR and has room for a maximum of 8 people.
Socia Aarhus C	Yes, but it is shared with other DSR and has room for a maximum of 8 people.
Occu. Holstebro	Yes, a room only for occupational therapy students, which can always be used for DSR work.

### Collaboration

- Which positions of trust do you have?

Ped-Randers	Chairman, vice chairman
Psyk Randers	Chairman, vice chairman, treasurer and secretary
Lærer Aarhus C	Chairman, who is also a treasurer
Sygepl. Randers	Chairman, vice chairman
VCM	Chairman, vice chairman, treasurer (people who often attend are members of the council)
Int. Council, Aarhus C	Chairman, vice chairman, treasurer
Socia Aarhus C	Chairman, vice chairman, treasurer, PR-manager, 3 executive committee members.
Occu. Holstebro	Chairman, vice chairman, treasurer

- Which councils/committees do you elect people for?

Ped-Randers	KÆK, library committee, activity committee, programme committee.
Psyk Randers	KÆK, library committee, programme committee and activity committee, DAP
Teacher Aarhus C	Campus-DSR, the common area, the student council, the programme committee, (internal and PR – are positions at the council)
Nurse. Randers	KÆK, library committee, activity committee, programme committee.
VCM	Member for campus-DSR
Int. Council, Aarhus C	Bonus member for Campus-DSR, person for KÆK
Socia Aarhus C	Local undergraduate committee, common local undergraduate committee, campus-DSR, the programme committee
Occu. Holstebro	Joint committee, quality committee, party committee, campus-DSR

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- Do you have a permanent contact person from VIA?

Ped-Randers	Yes, the programme manager
Psyk Randers	Yes, the programme manager
Lærer Aarhus C	Yes, pedagogical manager
Sygepl. Randers	Yes, the programme manager
VCM	The programme manager
Int. Council, Aarhus C	No, but communicate with the campus manager (Susanne)
Socia Aarhus C	Yes, study coordinator.
Occu. Holstebro	Yes, programme manager.

- Does your associate dean of programme attend (or another person from the programme) your meetings?

Ped-Randers	Yes, also wants to set the agenda
Psyc Randers	No, but all 1st representatives participate in meetings with the programme management after each meeting and provide the status, and the management orientates about programme specific initiatives.
Teacer Aarhus C	No, but attends internal meetings with the chairmanship.
Nurse Randers	No, but they attend ad hoc when they ask or are invited
VCM	No, but we contact the management if we need to
Int. Council, Aarhus C	No
Socia Aarhus C	Not on a permanent basis, she can get invited or invite herself.
Occu. Holstebro	No, not on a permanent basis, but sometimes comes to tell news. Asks beforehand.

- Do you have permanent meetings with representatives from your programme?

Ped-Randers	Not official meetings, but the programme manager participates in all meetings.
Psyc Randers	Yes, look above.
Teacher Aarhus C	Yes, through the study council
Nurse. Randers	No, but they participate ad hoc when they ask or are invited
VCM	No
Int. Council, Aarhus C	No
Socia Aarhus C	3 permanent meetings during the semester between programme manager and three representatives from DSR
Occu. Holstebro	Yes, through the quality team which consists of students, programme manager, teacher

- How is your collaboration with Campus-DSR?

Ped-Randers	Has been difficult, but has gotten better and works well now.
Psyc Randers	Good

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Teacher Aarhus C	Good
Nurse Randers	Good
VCM Aarhus C	Good
Int. Council, Aarhus C	Good
Socia Aarhus C	Good! The chairman from there is from socia.
Occu. Holstebro	Good

- How is your collaboration with the academic organisations?

Ped-Randers	Not as good. PLS arrange events in collaboration with DSR.
Psyc Randers	The collaboration is not running right now, but otherwise works with no problems.
Teacher Aarhus C	LL, mixed collaboration, it used to be bad, but is more neutral now. .
Nurse Randers	The SLS collaboration is not very well. SLS is trying to get members and thereby obtain influence instead of focusing on well-being.
VCM Aarhus C	No, there is none
Int. Council, Aarhus C	No
Socia Aarhus C	SDS – do not have the best collaboration with them.
Occu. Holstebro	Do not have a lot of collaboration as they do not have a youth department. Have held a dialogue meeting with them, hoping for a better collaboration. Are fighting about the same members.

### Activities

- Do you arrange (permanent) social and academic events?

Ped-Randers	Yes, "the babtism"
Psyc Randers	No.
Teacher Aarhus C	
Nurse Randers	Intro trip for 1st sem. (in collaboration with the tutors), various (book receptions, academic events)
VCM	No, but are talking about having traditions.
Int. Council, Aarhus C	%
Socia Aarhus C	Does not have any. Has held communal eating at the end of the year, where they were informed about the DSR work and board games afterwards. Arrange lectures of current events in collaboration with SDS.
Occu. Holstebro	Has held communal eating, but that has faded out. Annual occu.-day in collaboration with the management with participation of speakers from the outside.
Horsens	Friday bar

- Do you arrange (permanent) internal events for members of the council?

Ped-Randers	No.
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Psyc Randers	Study fair with Randers municipality in 'kunsthuset' where the citizens can experience what psycho motor therapy is.
Teacher Aarhus C	
Nurse Randers	Easter lunch and Christmas dinner.
VCM	Teambuilding.
Int. Council, Aarhus C	
Socia Aarhus C	Nothing permanent, but after each meeting there is an open offer to drink beer at a bar.
Occu. Holstebro	Christmas dinner, but with lacking attendance.
Horsens	Has not had meetings during lock down.

- Do you arrange/attend Kick off or the like?

Ped-Randers	No.
Psyc Randers	No, but there is a day for all students along with the management, where each semester presents itself.
Teacher Aarhus C	
Nurse Randers	No
VCM	No
Int. Council, Aarhus C	%
Socia Aarhus C	Participate at kick off, but do not arrange it
Occu. Holstebro	No
Horsens	

- Do you attend at start of the study for new students?

Ped-Randers	Was told no by the programme manager, but did it anyway.
Psyk Randers	Yes, the chairmanship presents DSR for new students. And that is repeated. But it is more of an educational-event than a DSR.
Teacher Aarhus C	
Nurse Randers	Yes, are in the Facebook group and present DSR at start of the study. Are offered to attend a meeting to see more.
VCM	Yes. Advertise for new students, but the time is mostly given to the mentors.
Int. Council, Aarhus C	%
Socia Aarhus C	Yes, informs 1 sem. About DSR. Get 5-10 minutes where the teams are gathered. Arrange an intro day afterwards, where one can hear more.
Occu. Holstebro	Yes, arrange an intro trip. Informs about DSR for the new students.

- How do you "advertise" for your council?

Ped-Randers	We do not. The teams elect two for DSR.
Psyc Randers	3 are elected for DSR amongst the new students.
Teacher Aarhus C	
Nurse Randers	

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VCM	Send meeting invitations to everyone.
Int. Council, Aarhus C	%
Socia Aarhus C	See above. Arrange competitions on Instagram, take-over of Instagram, use social media.
Occu. Holstebro	...

### Tasks

- Which topics do you treat in the council?

Ped-Randers	The baprtism, corona-well-being.
Psyc Randers	Well-being, transparency, continuous evaluation of well-being, identity regarding DSR and name, want to be named PMU-DSR.
Teacher Aarhus C	
Nurse Randers	Study social and study educational topics.
VCM	Topics and their relevance, well-being, teaching methods, the teachers' competences, expanding of the programme, exam plans.
Int. Council, Aarhus C	
Socia Aarhus C	Topics from Campus-DSR, law-references, topics from the committees where the council has representatives, test decisions, poor well-being, study competencies, study magazine, electives, study groups, recruitment of volunteers, the tutor effort.
Occu. Holstebro	The course committee, how we get participation in social events, the exam regarding attitude, the formation of bachelor groups already on 5 <sup>th</sup> semester, literature regarding editions (are the newest editions necessary?)
Horsens	Lacking English skills from the teachers.

- Which topics have you changed for the better?

Ped-Randers	The baptism
Psyc Randers	Semester visits at the semester below, feedback across semesters.
Teacher Aarhus C	Literature lists in APA standard, all new students at sorteo courses, spread knowledge for the teachers about the council.
Nurse Randers	Interdisciplinarity, more feedback from teachers, problematics regarding internships
VCM	Innovation-week which is badly arranged, has discussed with the management about changing this with something else. Internal-Q&A with students who have been at an internship (also relations regarding international students) the quality of educations, altered information about where to receive support.
Int. Council, Aarhus C	
Socia Aarhus C	
Occu. Holstebro	

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- When do you especially meet resistance?

Ped-Randers	The management
Psyc Randers	The management
Teacher Aarhus C	
Nurse Randers	At organisational restrictions
VCM	Coordinator only wants to receive written complaints, does not want to include overall points of critique and pass info about this to the individual teachers.
Int. Council, Aarhus C	
Socia Aarhus C	When we want a room in itslearning for the council's work, we do not usually meet resistance. Have been very humble towards the management which has been positive in order to be heard.
Occu. Holstebro	

- Are you involved in the discussion of the study environment along with coordination when following up and implementation of programme specific initiatives?

Ped-Randers	No, only in the baptism.
Psyc Randers	Yes, but most of all by information and not involvement.
Teacher Aarhus C	
Nurse Randers	Yes.
VCM	
Int. Council, Aarhus C	
Socia Aarhus C	
Occu. Holstebro	

### **Bonus**

- What could make your educational-DSR even better?

Ped-Randers	
Psyc Randers	
Teacher Aarhus C	
Nurse Randers	
VCM	
Int. Council, Aarhus C	
Socia Aarhus C	
Occu. Holstebro	

- What are you especially successful with, which other DSR can learn from?

Ped-Randers	
Psyc Randers	
Teacher Aarhus C	



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Nurse Randers	
VCM	
Int. Council, Aarhus C	
Socia Aarhus C	
Occu. Holstebro	
Nurse Holstebro	7th sem. Presents bachelor for 6th sem. Students. Has made some peace for the 6th sem. concerning extent and content in bachelor, and 7th sem. practice speaking in front of an audience.

## Saturday 20/6

### Gathering "What does VIA do for well-being?"

#### From note to board:

- Stress
- Facilities
- Involvement in e.g. education and content (ownership + adherence)
- Therapist or other support and offers to all students across all of VIA.
- Hotline during Covid-19
- Intro trip for 1st sem.
- Inclusion of students
- Better at giving information.
- Involvement in the didactic considerations
- Campus facilities need to be for the students and not a show room
- Class hour = unloading frustrations and have them verbalised.
- Surroundings + teaching environments can get better in order to have a safe space
- Clarity about what is expected of someone
- To feel heard -> a voice at VIA

#### Plenum discussion:

- How do you support vulnerable students' well-being in a way that makes them independent afterwards?
- A balance between including others and have focus on one's own learning and development.
- Focus on facilitation of groups – on ped. at Randers and at the Social Work Education in Aarhus, they are taught group facilitation.
- Managing fellow students who do not participate in group work/study groups – the balance between the group's responsibility and the teachers/VIA's.

#### What is well-being (gathering from poster)

- Visible Communities

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- Handing on responsibility
- To let go of power (management, teachers, students)
- Recognise environment/culture
- The good stories
- Feelings being heard
- Social inclusion
- Attention
- Inclusion
- Transparency
- Turning around narratives from negative to positive
- Apparent values provide good culture which provides well-being
- Containing the difficult feelings
- Solidarity

### **General considerations of the well-being talk**

- How do you create a teaching environment, that is rooted in values and makes opportunity for everyone to thrive?
- Transparency about what can affect the entirety
- Difficult to keep focus on well-being
- Changing the narratives
- Good facilitation
- Solidarity
- Unsolved
- Communities
- Inclusion and involvement

### **A (playful) study life**

N.B.: From Krista: Vicent Tinto

### **What is education to you? What happens, when it is going well? What is playing?**

- Creativity -> quality
- Devote oneself
- Feelings and solidarity
- Human
- Challenges
- Development
- Recognition/accept/respect
- Doing something else to remember things
- A space for learning
- To dare to let go
- Openness
- Daring to make mistakes/take action – the opposite of a perfect culture

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### Sunday 21/6

#### Evaluation

##### **Location and facilities**

- Good, works well
- Cosy
- Many places to sleep
- Positive with a lot of room, which makes room for both meetings and activities/group work
- Good to have the beds split up
- Beautiful surroundings
- Nice with bigger localities rather than a small summer house and a place with soul
- Easy to get to with public transportation
- Shopping opportunities close by, and different stores
- IT equipment, good network, projector
- % the music centre (next time we have to bring our own speakers/sound box)
- Gladly book it for next time!
- Very good with an industrial kitchen

##### **The programme**

- A bit too crammed
- But everything was relevant
- Better specifying of who is in control of the programme
- A more chill programme
- The isolation due to Corona might have had an influence on peoples' desire to socialise.
- Good with a lot of social content
- Karaoke was not a big hit
- Adjust the programme with a better control of the points, both regarding to content and structure along with time management
- Consider whether what you're saying is a repetition or private/small talk

##### **Provisioning**

- Good and enough
- Good with cooking which turned out to be a group exercise. Can be repeated at the internal course weekend.

##### **Social activities**

- The knee to head game was good, can be used for other things, but it might be a good idea to reflect upon the meaning/the transfer for other things.
- Crazy about the activities, also good that some things are just to have fun and be social/ice breaker

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- Matching of expectations regarding what the purpose of the weekend is – academic/social
- More exchange of experience could have been good
- Too few longer breaks (more breaks and fewer social activities)
- Good to have some social walls broken down through social activities

### **Good ideas for the next course weekend**

- Debate
- Speakers from outside
- External facilitator to control time and keep track of the topic
- Could we get someone from 'Studentervæksthuset' to facilitate? Or take a course ourselves=
- Credit to Jannie and Emilie, and good that we nicely lead each other back on track.
- Translator: Is mostly relevant at the participation of more international students, but with a few and permanent ones, it might be considered whether the resources should be used on something else.

### **Well-being chat**

- Sidsel has seen it as advertising, has not heard anyone talking about it, but has not heard about any students who experienced a lack of support either.
- Can people be nervous/uncertain that things are written down about them? Are you anonymous?
- That the study counsellors/others with closer relations to the student tell about the opportunity to heighten the transparency.